

MONDAY			October 26, 2026
Global Adventure	Mary's Chicken Teriyaki Bowl, Carrots, Bell Peppers, Broccoli, Purple Cabbage, Cilantro, Sesame Seeds, Green Onions, Crispy Wontons	\$7.95	Breakfast Hours: 7:00AM - 10:00AM Lunch Hours: 11:00AM - 1:30PM Snacks Hours: 7:00AM - 1:30PM Your Chef Manager: Carlos Avelano 510.932.0055 Carlos.Avelano@epicurean-group.com For Catering, please call: David Alnajjar 650.465.9128 Dave@epicurean-group.com Cesar Gomez 415.846.0059 Catertrax Link
Live Well	Azumaya Organic Tofu Teriyaki Bowl, Carrots, Bell Peppers, Broccoli, Purple Cabbage, Cilantro, Sesame Seeds, Green Onions, Crispy Wontons	\$6.95	
Plant Base	Niman Ranch Beef Teriyaki Bowl, Carrots, Bell Peppers, Broccoli, Purple Cabbage, Cilantro, Sesame Seeds, Green Onions, Crispy Wontons	\$7.95	
Tossed	Ratto Farms Asian Salad, Carrots, Red Peppers, Celery, Red Onion, Cilantro, Sesame Seeds, Roasted Peanuts, Sesame Ginger Dressing	\$7.95	
Market Grill	Grass-Fed Beef Burger, House Made Crispy Chicken Sandwich, Beyond Burger, Black Bean Burger	\$7.95	
Take Away	Cobb Salad, Caesar Salad, Veggie Salad	\$6.95	
TUESDAY			October 27, 2026
Global Adventure	Mary's Roasted Chicken, Maple Roasted Brussel Sprouts, Mac & Cheese, Dinner Roll	\$8.95	Today's Soup <u>Monday</u> Hot & Sour Soup <u>Tuesday</u> Creamy Tomato Bisque Soup <u>Wednesday</u> Classic Lentil Soup <u>Thursday</u> Mendocino's Farm Home Made Pozole <u>Friday</u> Newport Classic Clam Chowder
Live Well	Vande Rose Spinach, Goat Cheese, Sundried Tomatoes Stuffed Pork loin, Maple Roasted Brussel Sprouts, Mac & Cheese, Dinner Roll	\$8.95	
Plant Base	Ratto Farms Zucchini Boats, Maple Roasted Brussel Sprouts, Mac & Cheese, Dinner Roll	\$7.95	
Deli Bar	Build Your Own Sandwich, Ham, Salami, Turkey, Roast Beef, Onion, Tomatoes, Pickles, Cheese, Sourdough, White, Wheat, Asiago, Multigrain, Rye	\$7.95	
Market Grill	Grass-Fed Beef Burger, House Made Crispy Chicken Sandwich, Beyond Burger, Black Bean Burger	\$7.95	
Take Away	Cobb Salad, Caesar Salad, Veggie Salad	\$6.95	
WEDNESDAY			October 28, 2026
Global Adventure	Vande Rose Josh Rigan Lamb, Veggie Basmati Rice, Roasted Carrots, Greek Salad, Naan Bread	\$8.95	
Live Well	Niman Ranch Beef Kobob, Yellow Rice, Shirazi Salad, Naan Bread, Homemade Hummus	\$7.95	
Plant Base	Ratto Farms Eggplant Kobob, Yellow Rice, Shirazi Salad, Naan Bread, Homemade Hummus	\$6.95	
Deli Bar	Build Your Own Sandwich, Ham, Salami, Turkey, Roast Beef, Onion, Tomatoes, Pickles, Cheese, Sourdough, White, Wheat, Asiago, Multigrain, Rye	\$7.95	
Market Grill	Grass-Fed Beef Burger, House Made Crispy Chicken, Beyond Burger, Black Bean Burger	\$7.95	
Take Away	Cobb Salad, Caesar Salad, Veggie Salad	\$6.95	
THURSDAY			October 29, 2026
Platillos Latinos	Burrito Bowl with Choice of Michoacan Pork Carnitas, Bassian Farms Carne Asada or Chipotle Pollo Asado, De La Olla Black Beans, Refried Pinto Beans & Mexican Rice	\$7.95	PROMOTIONS  Spiced Cider MONTH October 20th Sip into the season with the warm, cozy flavors of spiced cider. MENU Hot Spiced Apple Cider
Platillos Latinos	Vande Rose Salsa Roja Oxtail Stew & Potatoes, Spanish Rice, Black or Refried Beans, Corn Tortilla	\$7.95	
Plant Inspired	Ratto Farms Veggie Fajitas, Spanish Rice, Black or Refried Beans, Corn Tortilla	\$6.95	
Panini Press	Niman Ranch Tacos De Lengua, Cilantro, Onions, Lime Weges, Tomatillo Spicy Salsa, Radish Sliced, Tortilla Chips	\$7.95	
Market Grill	Taco Salad with Choice of Michoacan Pork Carnitas, Bassian Farms Carne Asada or Chipotle Pollo Asado, De La Olla Black Beans, Refried Pinto Beans & Mexican Rice	\$7.95	
Take Away	Cobb Salad, Caesar Salad, Veggie Salad	\$6.95	
FRIDAY			October 30, 2026
Global Adventure	Baja Shrimp Tacos, Cabbage, Pico, Sour Cream, Chipotle Aioli, Lime wedges, Fries	\$8.95	DID YOU KNOW? Epicurean Offers Grass Fed Beef Antibiotic Free Poultry Cage Free Eggs Wild Seafood Dolphin Free Tuna Dressings from Scratch In-house Roasted Meats <i>Because we care about the environment and YOU!</i> 
live Well	Ratto Farms Portobello Baja Tacos, Cabbage, Pico, Sour Cream, Chipotle Aioli, Lime wedges, Fries	\$7.95	
Market Grill	Newport Salmon Burgers, Caramelized Onions, Tomatoes, French Fries	\$8.95	
Deli Bar	Build Your Own Sandwich, Ham, Salami, Turkey, Roast Beef, Onion, Tomatoes, Pickles, Cheese, Sourdough, White, Wheat, Asiago, Multigrain, Rye	\$7.95	
Market Grill	Grass-Fed Beef Burger, House Made Crispy Chicken Sandwich, Beyond Burger, Black Bean Burger	\$7.95	
Take Away	Cobb Salad, Caesar Salad, Veggie Salad	\$6.95	