

MONDAY October 26, 2026			Breakfast Hours: 7:00AM - 10:00AM Lunch Hours: 11:00AM - 1:30PM Snacks Hours: 7:00AM - 1:30PM Your Chef Manager: Alfredo Castaneda 510.798.5561 alfredo@epicurean-group.com For Catering, please call: David Alnajjar 650.465.9128 abbottcatering@epicurean-group.com Cesar Gomez 415.846.0059 Catertrax Link https://abbott-diabetes.catertrax.com
Global Adventure	Irish Corned Beef, Cabbage, Carrots, Garlicky Mashed Potatoes and Brown Mustard Sauce	\$8.95	
Live Well	Irish Potato Cakes, Fennel Orange & Arugula Salad	\$7.95	
Flat Bread	Croque Monsieur, Cheddar, Arugula, Ham and Balsamic Drizzle	\$7.95	
Tossed	Fresh Locally Grown Vegetables, Crisp Lettuce, Baby Spinach, Field Greens	\$6.95	
Market Grill	Grass-Fed Beef Burger, Free-Range Chicken Sandwich, Plant-Based Bean Burger, Turkey Burger	\$7.95	
Take Away	Fresh Made Salad, Cobb Salad, Caesar Salad, Seasonal Fruit Salad, Cheese & Fruit Cups	\$6.95	
TUESDAY October 27, 2026			Today's Soup
Global Adventure	Beef Bulgogi Bowl, Edamame, Carrots, Kimchi, Cage-Free Fried Egg & Black Quinoa Rice,	\$8.95	<u>Monday</u> Potato Leek & Garlic Toasted Baguette <u>Tuesday</u> Creamy Tomato Soup & Grilled Cheese <u>Wednesday</u> Vegan Red Creamy Lentil Soup <u>Thursday</u> Menudo with Fresh Toppings <u>Friday</u> Classic Cioppino, North Bay Cherry Stone Clams, New Zealand Mussels, Baby Octopus. Grilled Fish
Live Well	Korean Chicken Bowl, Edamame, Carrots, Kimchi, Cage-Free Fried Egg & Black Quinoa Rice	\$8.95	
Plant Based	Crispy Gochujang Tofu, Shiitake Mushroom, Zucchini, Carrots & Noodles	\$7.95	
Panini Press	Free-Range Lemon Chicken Sandwich, Cucumber, Carrots, Cilantro, Spicy Pepper Aioli	\$7.95	
Market Grill	Grass-Fed Beef Burger, Free-Range Chicken Sandwich, Plant-Based Bean Burger, Turkey Burger	\$7.95	
Take Away	Fresh Made Salad, Cobb Salad, Caesar Salad, Seasonal Fruit Salad, Cheese & Fruit Cups	\$0.00	
WEDNESDAY October 28, 2026			
Global Adventure	Indian Chicken Karahi Halal Chicken with Indian Spices served with Aromatic Basmati Rice, Spicy Onion Carrot Salad, Cilantro Chutney and Garlic Naan Bread	\$7.95	
Live Well	Goat Bone In Masala, Basmati Rice, Masala Okra, Lentils, Naan Bread, Lime Jalapeno	\$8.95	
Plant Based	Samosa Bowl, Roasted Sweet Potatoes, Fried Okra, Roasted Baby Kale, Jalapeño Chutney	\$7.95	
Tossed	Fresh Locally Grown Vegetables, Crisp Lettuce, Baby Spinach, Field Greens	\$6.95	
Market Grill	Grass-Fed Beef Burger, Free-Range Chicken Sandwich, Plant-Based Bean Burger, Turkey Burger	\$7.95	
Take Away	Fresh Made Salad, Cobb Salad, Caesar Salad, Seasonal Fruit Salad, Cheese & Fruit Cups	\$6.95	
THURSDAY October 29, 2026			PROMOTIONS
Platillos Latinos	Taco Bowl, Chipotle Grilled Chicken, Carne Asada, Pork Carnitas, Spanish Rice, Black Beans, Fresh Toppings	\$7.95	
Platillos Latinos	Grilled Shrimp Fajitas, Spanish Rice, Organic Black Beans, Flour Tortilla	\$8.95	
Platillos Latinos	Taco Bowl, Chipotle Grilled Chicken, Carne Asada, Pork Carnitas, Spanish Rice, Black Beans, Fresh Toppings	\$7.95	
Platillos Latinos	Veggie Taco Bowl, Grilled Veggies, Spanish Rice, Black Beans, Fresh Toppings	\$6.95	
Market Grill	N/A	\$7.95	
Take Away	Fresh Made Salad, Cobb Salad, Caesar Salad, Seasonal Fruit Salad, Cheese & Fruit Cups	\$0.00	
FRIDAY October 30, 2026			
Kitchen Table	Free-Range Basil Garlic Chicken, Linguini Pasta, Creamy Shiitake Mushroom Sauce	\$7.95	
Live Well	Stuffed Portobello Mushroom, Sweet Potato Mashed, Honey Glazed Carrots	\$6.95	
Panini Press	Hot Pastrami, Swiss Cheese, Grilled Onion & Tater-Tots	\$7.95	
Plant Based	Crispy Cauliflower Bowl, Organic Brown Rice, Garbanzo, Cucumber, Cherry Tomatoes & Green Goddess Dressing	\$7.95	
Market Grill	South Loop Smash Burger, Smoked Cheddar Cheese, Grilled Onion, Shredded Lettuce, Tomato, Secret Sauce	\$7.95	
Take Away	Fresh Made Salad, Cobb Salad, Caesar Salad, Seasonal Fruit Salad, Cheese & Fruit Cups	\$6.95	DID YOU KNOW? Epicurean Offers Grass Fed Beef Antibiotic Free Poultry Cage Free Eggs Wild Seafood Dolphin Free Tuna Dressings from Scratch In-house Roasted Meats Because we care about the environment and YOU! 