

MONDAY
October 5, 2026

<i>Platillos Latinos</i>	Colombian Bandeja Paisa, Crispy Pork Belly, Carne Asada, Fried Egg, Arroz, Frijoles Rojos, Arepas	\$8.95
<i>Live Well</i>	Empanadas Colombianas, Cream de Aji Picante, Ensalada de Pepino Colombiano	\$8.95
<i>Panini Press</i>	Crispy Chicken Sandwich with Garlic & Saffron Aioli with Choice of Fries	\$7.95
<i>Plant Inspired</i>	Protein Bowl, Sweet Potatoes, Roasted Glazed Honey Mushroom, Shredded Cabbage, Roasted Baby Kale, Tahini Sauce	\$6.95
<i>Market Grill</i>	Grass-Fed Beef Burger, Free-Range Chicken Sandwich, Plant-Based Bean Burger, Turkey Burger	\$7.95
<i>Take Away</i>	Fresh Made Salad, Cobb Salad, Caesar Salad, Seasonal Fruit Salad, Cheese & Fruit Cups	\$6.95

Breakfast Hours: 7:00AM - 10:00AM
Lunch Hours: 11:00AM - 1:30PM
Snacks Hours: 7:00AM - 1:30PM
Your Chef Manager:

 Alfredo Castaneda | 510.798.5561 |
 alfredo@epicurean-group.com

For Catering, please call:

 David Alnajjar | 650.465.9128
 abbottcatering@epicurean-group.com
 Cesar Gomez | 415.846.0059

Catertrax Link
<https://abbott-diabetes.catertrax.com>
TUESDAY
October 6, 2026

<i>Pizza al Forno</i>	Pizza Bar, Meat Lovers, Pizza, Buffalo Grilled Chicken, Prosciutto & Herbed Pizza	\$8.95
<i>Live Well</i>	Free-Range, Grilled Chicken, Linguini Pasta and Panzanella Salad	\$7.95
<i>Ovens</i>	Herbed Focaccia Sandwich Pork Italian Sausages, Roasted Peppers, Roasted Onion, Mozzarella Cheese	\$7.95
<i>Farm to Fork</i>	Fresh Locally Grown Vegetables, Crisp Lettuce, Baby Spinach, Field Greens	\$6.95
<i>Market Grill</i>	Grass-Fed Beef Burger, Free-Range Chicken Sandwich, Plant-Based Bean Burger, Turkey Burger	\$7.95
<i>Take Away</i>	Fresh Made Salad, Cobb Salad, Caesar Salad, Seasonal Fruit Salad, Cheese & Fruit Cups	\$6.95

Today's Soup
Monday
Caldo de Cotilla Colombian Soup
Tuesday
Autum Butternut Squash with Cream Fresh
Wednesday
Potato Leek
Thursday
Pozole Verde with Chicken
Friday
Classic Clam Chowder with Side Salad
WEDNESDAY
October 7, 2026

<i>Passage to India</i>	Chicken Biryani, Mint Yogurt, Chickpea Salad, Pickled Red Onion & Naan Bread	\$7.95
<i>Plant Inspired</i>	Masala Savory French Toast, Jalapeno & Cilantro Cream Sauce & Mango Chutney	\$7.95
<i>Farm to Fork</i>	Fresh Locally Grown Vegetables, Crisp Lettuce, Baby Spinach, Field Greens	\$6.95
<i>Panini Press</i>	Falafel Wrap, Pickled Red Onion, Cucumber, Lettuce, Tomatoes and Tahini Sauce	\$6.95
<i>Market Grill</i>	N/A	\$8.95
<i>Take Away</i>	Fresh Made Salad, Cobb Salad, Caesar Salad, Seasonal Fruit Salad, Cheese & Fruit Cups	\$6.95

THURSDAY
October 8, 2026

<i>Platillos Latinos</i>	Burrito Bowl, Choice of Chicken, Beef, Vegetable, Fresh Toppings	\$7.95
<i>Platillos Latinos</i>	Taco Salad Bowl, Choice of Chicken, Beef, Vegetable, Fresh Toppings	\$7.95
<i>Platillos Latinos</i>	Slow-Cooked Carnitas, Spanish Rice, Refried Beans, Fresh Pico de Gallo, Guacamole, Fire Roasted Salsa,	\$7.95
<i>Platillos Latinos</i>	Loaded Nachos, Choice of Chicken, Beef, or Vegetarian, Topped with Guacamole, Fresh Pico, Salsa Fresca	\$7.95
<i>Market Grill</i>	N/A	\$0.00
<i>Take Away</i>	Fresh Made Salad, Cobb Salad, Caesar Salad, Seasonal Fruit Salad, Cheese & Fruit Cups	\$6.95

PROMOTIONS

DID YOU KNOW?
Epicurean Offers
 Grass Fed Beef
 Antibiotic Free Poultry
 Cage Free Eggs
 Wild Seafood
 Dolphin Free Tuna
 Dressings from Scratch
 In-house Roasted Meats

 Because we care about the
 environment and YOU!


 EPICUREAN GROUP
 fresh. honest. local.

FRIDAY
October 9, 2026

<i>Kitchen Table</i>	Poke Bowl, Fresh Tuna, Avocado, Carrots, Cucumber, Sprouts, Seaweed Salad	\$8.95
<i>Live Well</i>	Free-Range Teriyaki Chicken Bento Box, Edamame Bean, Carrots, Snow Peas	\$7.95
<i>Panini Press</i>	Teriyaki Beef Sandwich with Spicy Jalapeno Mayo and Tater-Tots	\$8.95
<i>Farm to Fork</i>	Fresh Locally Grown Vegetables, Crisp Lettuce, Baby Spinach, Field Greens	\$6.95
<i>Market Grill</i>	Grass-Fed Beef Burger, Free-Range Chicken Sandwich, Plant-Based Bean Burger, Turkey Burger	\$7.95
<i>Take Away</i>	Fresh Made Salad, Cobb Salad, Caesar Salad, Seasonal Fruit Salad, Cheese & Fruit Cups	\$6.95