

MONDAY June 1, 2026

<i>Global Adventure</i>	Newport Pan-Seared Tilapia on Vin Blanc Sauce, Honey Glazed baby Carrots, Old Fashion Mashed Potatoes	\$7.95
<i>Live Well</i>	Salvadorian Pupusas, Pork & Cheese, Zucchini & Cheese, Bean & Cheese, Curtido, Spicy Salsa	\$7.95
<i>Panini Press</i>	Free Range Chicken Crispy Sandwich, Lettuce, Tomatoes, Onions, Pickles, House Chipotle Aioli	\$7.95
<i>Tossed</i>	Abbott Garden Rainbow Veggie Salad, Cherry Tomatoes, Sliced Carrots, Yellow Bell Peppers, Chopped Cucumber, Blue Berries, Shredded Purple Cabbage, Red onion, Chicken (Optional), Apple Cider vinaigrette	\$6.95
<i>Market Grill</i>	Bassian Grass-Fed Beef Burger, House Made Crispy Chicken Sandwich, Beyond Burger, Black Bean Burger	\$6.95
<i>Take Away</i>	Cobb Salad, Caesar Salad, Veggie Salad	\$6.95

Breakfast Hours: 7:00AM - 10:00AM
Lunch Hours: 11:00AM - 1:30PM
Snacks Hours: 7:00AM - 1:30PM
Your Chef Manager:

Carlos Avelano | 510.932.0055 | Carlos.Avelano@epicurean-group.com
For Catering, please call:
 David Alnajjar | 650.465.9128 Dave@epicurean-group.com
 Cesar Gomez | 415.846.0059
Catertrax Link
<https://abbottnorth.catertrax.com>

TUESDAY June 2, 2026

<i>Global Adventure</i>	Bassian Farms Beef & Broccoli, Steamed White Jasmine Rice, Egg roll, Grilled Veggies	\$7.95
<i>Live Well</i>	Free Range General Tso's Orange Chicken, Steamed White Jasmine Rice, Steamed Broccoli, Egg Roll	\$7.95
<i>Plant Base</i>	Azumaya General Tso's Orange Tofu, Steamed White Jasmine Rice, Steamed Broccoli, Egg Roll	\$6.95
<i>Tossed</i>	Asian Bok Choy Salad, Shredded Cabbage, Shredded Carrots, Green Onions, Chopped Cilantro, Cashews, Grilled Chicken, Sesame Ginger Dressing	\$8.95
<i>Market Grill</i>	Grass-Fed Beef Burger, House Made Crispy Chicken Sandwich, Beyond Burger, Black Bean Burger	\$6.95
<i>Take Away</i>	Cobb Salad, Caesar Salad, Veggie Salad	\$6.95

Today's Soup

Monday
Classic Chicken Soup

Tuesday
Asian Egg Dropped Soup

Wednesday
Moroccan Vegetarian Harira Soup

Thursday
Mendocino's Farm Home Made Pozole

Friday
Newport Classic Clam Chowder

WEDNESDAY June 3, 2026

<i>Kitchen Table</i>	Bassian Farms Moroccan Lamb Tagine Over Steamed Jasmine Rice, Roasted Vegetables and Naan Bread	\$7.95
<i>Live Well</i>	Free Range Yogurt Marinated Chicken Skewers, Zucchini, Red Onions, Bell Peppers, Steamed Basmati Rice, Roasted Cauliflower	\$7.95
<i>Plant Base</i>	Lebanese Moussaka (Maghmour), Steamed Veggie Basmati Rice, Roasted Cauliflower, Naan Bread	\$7.95
<i>Tossed</i>	Abbot Garden Falafel Salad, Red Onions, Cucumber, Shredded Carrots, Sliced Radish, Cherry Tomatoes, Kalamata Olives, Lettuce, Tahini Sauce Vinaigrette	\$6.95
<i>Market Grill</i>	Grass-Fed Beef Burger, House Made Crispy Chicken, Beyond Burger, Black Bean Burger	\$6.95
<i>Take Away</i>	Cobb Salad, Caesar Salad, Veggie Salad	\$6.95

THURSDAY June 4, 2026

<i>Platillos Latinos</i>	Burrito Bowl with Choice of Michoacan Pork Carnitas, Bassian Farms Carne Asada or Chipotle Pollo Asado, De La Olla Black Beans, Refried Pinto Beans & Mexican Rice	\$7.95
<i>Platillos Latinos</i>	Burrito Bowl with Choice of Michoacan Pork Carnitas, Bassian Farms Carne Asada or Chipotle Pollo Asado, De La Olla Black Beans, Refried Pinto Beans & Mexican Rice	\$7.95
<i>Plant Inspired</i>	Free Range Chicken Tinga Tostadas, Refried Beans, Lettuce, Sour Cream, Queso Fresco, Spicy Salsa	\$7.95
<i>Panini Press</i>	Loaded Nachos, Choice of Protein Pork, Beef, Chicken, Black or Refried Beans, Sour Cream, Pico, Guacamole, Spicy Salsa	\$7.95
<i>Market Grill</i>	Grass-Fed Beef Burger, House Made Crispy Chicken Sandwich, Beyond Burger, Black Bean Burger	\$6.95
<i>Take Away</i>	Cobb Salad, Caesar Salad, Veggie Salad	\$6.95

PROMOTIONS

Say Cheeeeesel!
 Happy National Cheese Day!

Celebrate cheese in all its delicious forms—while offering smart, balanced options and fun facts to keep it light and interactive.

Menu:
 Cheesy Arancini Toast
 Nacho Cheese Bar
 3-Cheese Quesadillas
 Grilled Ham & Cheese

June 4

FRIDAY June 5, 2026

<i>Market Grill</i>	Bassian Grass-Fed Beef Burger, House Made Crispy Chicken Sandwich, Beyond Burger, Black Bean Burger	\$6.95
<i>Market Grill</i>	Bassian Grass-Fed Beef Burger, House Made Crispy Chicken Sandwich, Beyond Burger, Black Bean Burger	\$6.95
<i>Market Grill</i>	Bassian Grass-Fed Beef Burger, House Made Crispy Chicken Sandwich, Beyond Burger, Black Bean Burger	\$6.95
<i>Market Grill</i>	Bassian Grass-Fed Beef Burger, House Made Crispy Chicken Sandwich, Beyond Burger, Black Bean Burger	\$6.95
<i>Market Grill</i>	Bassian Grass-Fed Beef Burger, House Made Crispy Chicken Sandwich, Beyond Burger, Black Bean Burger	\$6.95
<i>Take Away</i>	Cobb Salad, Caesar Salad, Veggie Salad	\$6.95

DID YOU KNOW?

Epicurean Offers
 Grass Fed Beef
 Antibiotic Free Poultry
 Cage Free Eggs
 Wild Seafood
 Dolphin Free Tuna
 Dressings from Scratch
 In-house Roasted Meats

Because we care about the environment and YOU!

EPICUREAN GROUP
 2701 North 2nd St
 Seattle, WA 98107