

MONDAY		April 13, 2026			
Global Adventure	Pasta Bar, Alfredo, Bolognese, Marinara, Pesto Sauce, Protein Option, Chicken, Caesar Salad, Garlic Bread	\$7.95	Breakfast Hours: 7:00AM - 10:00AM Lunch Hours: 11:00AM - 1:30PM Snacks Hours: 7:00AM - 1:30PM Your Chef Manager: Carlos Aveladano 510.932.0055 Carlos.Aveladano@epicurean-group.com For Catering, please call: David Alnajjar 650.465.9128 Dave@epicurean-group.com Cesar Gomez 415.846.0059 Catertrax Link https://abbottnorth.catertrax.com		
Live Well	Pasta Bar, Alfredo, Bolognese, Marinara, Pesto Sauce, Protein Option, Chicken, Caesar Salad, Garlic Bread	\$7.95			
Plant Base	Veggie Pasta Bar, Alfredo, Marinara, Pesto Sauce, Plant-Based Protein, Caesar Salad, Garlic Bread	\$6.95			
Tossed	Chicken Caesar Salad, Romaine, Cherry Tomatoes, Crutons, Parmesan	\$6.95			
Market Grill	Grass-Fed Beef Burger, House Made Crispy Chicken Sandwich, Beyond Burger, Black Bean Burger	\$6.95			
Take Away	Cobb Salad, Caesar Salad, Veggie Salad	\$6.95			
TUESDAY		April 14, 2026		Today's Soup	
Global Adventure	Free Range Sesame Chicken, Stemed White Jasmine Rice, Blanched Broccoli, Egg Roll	\$7.95			Monday
Live Well	Bassian Farms Grass Fed Beef Chow Mein, Blanched Broccoli, Egg Roll	\$6.95			Ratto Farms Tomato Soup
Plant Base	Ratto Farms Veggie Chow Mein, Blanched Broccoli, Egg Roll	\$6.95			Tuesday
Tossed	Newport Warm Asian Salmon Salad, Shaved Almonds, Red Onion, Edamame, Spinach, Mandarin, Brown Rice, Sesame Vinaigrette	\$7.95			Chinese Egg Drop Soup
Market Grill	Grass-Fed Beef Burger, House Made Crispy Chicken Sandwich, Beyond Burger, Black Bean Burger	\$6.95			Wednesday
Take Away	Cobb Salad, Caesar Salad, Veggie Salad	\$6.95			Lebanese Clasic Lentil Soup
				Thursday	
WEDNESDAY		April 15, 2026		Mendocinos Farm Home Made Pozole	
Kitchen Table	Bassian Farms Moroccan Lamb Tagine Over Steamed Jasmine Rice, Roasted Vegetables and Naan Bread	\$7.95			Friday
Live Well	Mumbai Spiced Butter Chicken Over Steamed Jasmine Rice, Roasted Vegetables and Naan Bread	\$6.95			Newport Classic Clam Chowder
Plant Base	Bangalore Butter Paneer Over Steamed Jasmine Rice, Roasted Vegetables and Naan Bread	\$6.95			
Tossed	Lebanese Fattoush Salad, Radish, Cucumber, Red Onion, Parsley, Lettuce, Cherry Tomatoes, Sumac Tangy Vinaigrette	\$7.95			
Market Grill	Grass-Fed Beef Burger, House Made Crispy Chicken, Beyond Burger, Black Bean Burger	\$6.95			
Take Away	Cobb Salad, Caesar Salad, Veggie Salad	\$6.95			
THURSDAY		April 16, 2026		PROMOTIONS	
Platillos Latinos	Burrito Bowl with Choice of Michoacan Pork Carnitas, Bassian Farms Carne Asada or Chipotle Pollo Asado, De La Olla Black Beans, Refried Pinto Beans & Mexican Rice	\$7.95			 
Platillos Latinos	Taco Salad with Choice of Michoacan Pork Carnitas, Bassian Farms Carne Asada or Chipotle Pollo Asado, De La Olla Black Beans, Refried Pinto Beans & Mexican Rice	\$7.95			
Plant Inspired	Veggie Burrito Bowl with Seasonal Veggies, De La Olla Black Beans, Refried Pinto Beans & Mexican Rice	\$6.95			
Panini Press	Loaded Quesadilla, Choice of Protein, Pork, Chicken, Beef, Spanish Rice, Beans, Pico, Sour Cream, Spicy Salsa	\$7.95			
Market Grill	Grass-Fed Beef Burger, House Made Crispy Chicken Sandwich, Beyond Burger, Black Bean Burger	\$6.95			
Take Away	Cobb Salad, Caesar Salad, Veggie Salad	\$6.95			
FRIDAY		April 17, 2026			
Kitchen Table	Newport Honey Glazed Salmon With Tomatoes, Sautee Spinach, Garlic & Lime Green Beans, Roasted Potatoes	\$7.95			DID YOU KNOW? Epicurean Offers Grass Fed Beef Antibiotic Free Poultry Cage Free Eggs Wild Seafood Dolphin Free Tuna Dressings from Scratch In-house Roasted Meats Because we care about the environment and YOU! 
Live Well	Honey Glazed Tofu With Tomatoes, Sautee Spinach, Garlic & Lime Green Beans, Roasted Potatoes	\$6.95			
Panini Press	Newport Salmon Burgers, Caramelized Onions, Tomatoes, French Fries	\$7.95			
Tossed	Free Range Grilled Chicken & Bosc Pear Salad, Bacon, Oven Roasted Squash, Bosc Pear, Kale, Gorgonzola Cheese, Apple Cider Vinaigrette	\$7.95			
Market Grill	Bassian Grass-Fed Beef Burger, House Made Crispy Chicken Sandwich, Beyond Burger, Black Bean Burger	\$6.95			
Take Away	Cobb Salad, Caesar Salad, Veggie Salad	\$6.95			