

MONDAY March 2, 2026

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| <i>Global Adventure</i> | Bassian Farms Apple & Bacon Stuffed Pork Loin, Herb Roasted Potatoes, Lemon Garlic Green Beans & Peppers, Dinner Roll | \$7.95 |
| <i>Live Well</i> | Bassian Farms New York Steak, Herb Roasted Potatoes, Garlic Lemon Broccoli, Dinner Roll | \$8.95 |
| <i>Plant Base</i> | 2701 Tofu Steaks, Herb Roasted Potatoes, Garlic Lemon Broccoli, Dinner Roll | \$6.95 |
| <i>Tossed</i> | Ratto Farms Arancini & Watermelon Radich Salad, Orange, Lettuce, Walnuts, Goat cheese | \$6.95 |
| <i>Market Grill</i> | Grass-Fed Beef Burger, Free-Range Grilled Chicken Sandwich, Beyond Burger, Black Bean Burger | \$6.95 |
| <i>Take Away</i> | Cobb Salad, Caesar Salad, Veggie Salad | \$6.95 |

Breakfast Hours: 7:00AM - 10:00AM
Lunch Hours: 11:00AM - 1:30PM
Snacks Hours: 7:00AM - 1:30PM
Your Chef Manager:
 Carlos Aveldano | 510.932.0055 | Carlos.Aveldano@epicurean-group.com
For Catering, please call:
 David Alnajjar | 650.465.9128 Dave@epicurean-group.com
 Cesar Gomez | 415.846.0059
Catertrax Link
<https://abbottnorth.catertrax.com>

TUESDAY March 3, 2026

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| <i>Global Adventure</i> | Bassian Farms Duck à l'Orange, Grilled Asparagus, Sautee Red Cabbage, Dirty Rice Pilaf | \$8.95 |
| <i>Live Well</i> | Beef in Black Bean Sauce, Steamed White Jasmine Rice, Steamed Broccoli, Egg Roll | \$6.95 |
| <i>Plant Base</i> | Crispy Chinese Eggplant, Steamed White Jasmine Rice, Steamed Broccoli, Egg Roll | \$6.95 |
| <i>Tossed</i> | Thai Salad, Cherry Tomatoes, Cucumber, Roasted Peanuts, Carrot, Cilantro, Lemon Vinaigrette | \$6.95 |
| <i>Market Grill</i> | Grass-Fed Beef Burger, Free-Range Grilled Chicken Sandwich, Beyond Burger, Black Bean Burger | \$6.95 |
| <i>Take Away</i> | Cobb Salad, Caesar Salad, Veggie Salad | \$6.95 |

Today's Soup

Monday
Bassian Farms Sausage, White Bean, and Kale Soup

Tuesday
Thai Chicken Coconut Noodle Soup

Wednesday
Hearty Tex- Mex Chili Soup

Thursday
Mendocinos Farm Home Made Pozole

WEDNESDAY March 4, 2026

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| <i>Kitchen Table</i> | Basian Farms Texas Style Smoked Beef Brisket, Mac & Cheese, Lemon Butter Sweet Corn, Coleslaw, Corn Bread | \$7.95 |
| <i>Live Well</i> | Basian Farms Southern BBQ Ribs, Mac & Cheese, Lemon Butter Sweet Corn, Coleslaw, Corn Bread | \$7.95 |
| <i>Plant Base</i> | Plant Based Southern BBQ Ribs, Mac & Cheese, Lemon Butter Sweet Corn, Coleslaw, Corn Bread | \$6.95 |
| <i>Panini Press</i> | 2701 BBQ Pulled Pork Sandwich, Coleslaw, Onion Rings | \$7.95 |
| <i>Market Grill</i> | Grass-Fed Beef Burger, Free-Range Grilled Chicken Sandwich, Beyond Burger, Black Bean Burger | \$6.95 |
| <i>Take Away</i> | Cobb Salad, Caesar Salad, Veggie Salad | \$6.95 |

Friday
Newport Classic Clam Chowder

THURSDAY March 5, 2026

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| <i>Platillos Latinos</i> | Burrito Bowl with Choice of Michoacan Pork Carnitas, Bassian Farms Carne Asada or Chipotle Pollo Asado, De La Olla Black Beans, Refried Pinto Beans & Mexican Rice | \$6.95 |
| <i>Platillos Latinos</i> | 2701 Free Range Chicken Tamales, Spanish Rice, Refried Beans, Sour Cream, Salsa | \$7.95 |
| <i>Plant Inspired</i> | 2701 Cheese & Rajas Tamales, Spanish Rice, Refried Beans, Sour Cream, Salsa | \$6.95 |
| <i>Panini Press</i> | 2701 Loaded Quesadilla, Choice of Protein, Chicken, Beef, Pork, Pico, Salsa, Spanish Rice, Beans, Sour Cream | \$6.95 |
| <i>Market Grill</i> | Grass-Fed Beef Burger, Free-Range Grilled Chicken Sandwich, Beyond Burger, Black Bean Burger | \$6.95 |
| <i>Take Away</i> | Cobb Salad, Caesar Salad, Veggie Salad | \$6.95 |

FRIDAY March 6, 2026

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| <i>Kitchen Table</i> | Newport Foil-Bake Fish, Tilapia, Carrot, Red Onion, Zucchini, Bell Peppers, Cilantro, Lime, Steamed White Vegetables Rice, Cucumber Salad | \$7.95 |
| <i>Live Well</i> | Newport Foil-Bake Tofu, Carrot, Red Onion, Zucchini, Bell Peppers, Cilantro, Lime, Steamed White Vegetables Rice, Cucumber Salad | \$7.95 |
| <i>Panini Press</i> | Newport Salmon Burgers, Caramelized Onions, Tomatoes, French Fries | \$7.95 |
| <i>Tossed</i> | Mello's 21st Century Farms Coconut Ranch Kale Salad, Sweet Potatoes, Chickpeas, Avocado, Parmesan Cheese, Drizzle with coconut ranch to serve | \$6.95 |
| <i>Market Grill</i> | Grass-Fed Beef Burger, Free-Range Grilled Chicken Sandwich, Beyond Burger, Black Bean Burger | \$6.95 |
| <i>Take Away</i> | Cobb Salad, Caesar Salad, Veggie Salad | \$6.95 |

DID YOU KNOW?

Epicurean Offers
 Grass Fed Beef
 Antibiotic Free Poultry
 Cage Free Eggs
 Wild Seafood
 Dolphin Free Tuna
 Dressings from Scratch
 In-house Roasted Meats

Because we care about the environment and YOU!

EPICUREAN GROUP
 100% ANIMAL WELFARE