

MONDAY February 9, 2026			<b>Breakfast Hours: 7:00AM - 10:00AM</b> <b>Lunch Hours: 11:00AM - 1:30PM</b> <b>Snacks Hours: 7:00AM - 1:30PM</b> <b>Your Chef Manager:</b>  Paul Jenkins Paul.jenkins@epicurean.com-510-798-0064  <b>For Catering, please call:</b> David Alnajjar   650.465.9128 Dave@epicurean-group.com Cesar Gomez   415.846.0059 <b>Catertrax Link</b> <a href="https://abbottnorth.catertrax.com">https://abbottnorth.catertrax.com</a>
<i>Global Adventure</i>	Bassian Farms Grilled Pork Bowl, Steamed White Rice, Carrot, Watermelon Radish, Cabbage, Spinach, Avocado, Cucumber	\$7.95	
<i>Live Well</i>	Free Range Orange Chicken Bowl (Healthy Meal Prep Bowls) Steamed Brown Rice, Broccoli, Peppers, Onion, Pot Sticker	\$7.95	
<i>Plant Inspired</i>	Ratto Farms Fried Tofu Bowl (Healthy Meal Prep Bowls) Steamed Brown Rice, Broccoli, Peppers, Onion, Pot Sticker	\$6.95	
<i>Panini Press</i>	Double Smashed Cheese Burger, Shredded Lettuce, Roma Tomatoes, Onion, Fries	\$7.95	
<i>Market Grill</i>	Grass-Fed Beef Burger, House Made Crispy Chicken Sandwich, Beyond Burger, Black Bean Burger	\$7.95	
<i>Take Away</i>	Bassian Farms Greek Grill Chicken Salad with Driscoll Fresh Strawberries/ Classic Chicken Caesar Salad	\$6.95	
TUESDAY February 10, 2026			Today's Soup
<i>Global Adventure</i>	Bassian Farms, Roasted Beef, Oven Roasted Honey Rainbow Carrots, Butter Mashed Potatoes, Red Wine & Mushroom Gravy	\$7.95	<u>Monday</u>
<i>Live Well</i>	Classic Free Range Honey Mustard Chicken, Root Vegetables, Carrot, Sweet Potato, Red Onion, Green Beans, Butter Mashed Potatoes	\$7.95	<b>Ratto Farms Cauliflower Leek Soup</b>
<i>Plant Based</i>	Bangard Farms Roasted Honey Mustard Roasted cauliflower, Root Vegetables, Carrot, Sweet Potato, Red Onion, Green Beans, Butter Mashed Potatoes	\$6.95	<u>Tuesday</u>
<i>Tossed</i>	Caribbean Cobb Salad With Salmon, Mango, Bell Pepper, Avocado, Scallions, Cabbage, Chips	\$7.95	<b>Beef &amp; Barley Soup</b>
<i>Market Grill</i>	Grass-Fed Beef Burger, House Made Crispy Chicken Sandwich, Beyond Burger, Black Bean Burger	\$7.95	<u>Wednesday</u>
<i>Take Away</i>	Bassian Farms Greek Grill Chicken Salad with Driscoll Fresh Strawberries/ Classic Chicken Caesar Salad	\$6.95	<b>Cream of Asparagus Soup</b>
WEDNESDAY February 11, 2026			<u>Thursday</u>
<i>Global Adventure</i>	Free Range Marry Me Chicken, Fettuccine Pasta, Honey Garlic Roasted Brussel Sprouts, Garlic Bread	\$7.95	<b>Mendocino Farms Green Pork Pozole Soup with Fresh Cabbage, Onion, Cilantro &amp; Limes</b>
<i>Live Well</i>	Bassian Farms Beef Lasagna, Cesar salad, Garlic Bread	\$7.95	<u>Friday</u>
<i>Plant Inspired</i>	Dwelly's Farms Roasted Veggies White Lasagna, Ceasar Salad, Garlic Bread	\$6.95	<b>Classic Pier 39 San Francisco Clam Chowder</b>
<i>Panini Press</i>	Bassian Farms Classic Italian Sub, Ham, Mortadella, Capicola, Salami, Tomatoes, Lettuce, Fries	\$1.00	
<i>Market Grill</i>	Grass-Fed Beef Burger, House Made Crispy Chicken, Beyond Burger, Black Bean Burger	\$7.95	
<i>Take Away</i>	Bassian Farms Greek Grill Chicken Salad with Driscoll Fresh Strawberries/ Classic Chicken Caesar Salad	\$6.95	
THURSDAY February 12, 2026			PROMOTIONS
<i>Platillos Latinos</i>	Burrito Bowl with Choice of Michoacan Pork Carnitas, Bassian Farms Carne Asada or Chipotle Pollo Asado, De La Olla Black Beans, Refried Pinto Beans & Mexican Rice	\$7.95	 <p>HELLO February!</p>
<i>Platillos Latinos</i>	Free Range Chicken Fajitas Over Spanish Rice, Corn Tortillas & De La Olla Organic Black Beans	\$7.95	
<i>Live Well</i>	Poblano Rajas Over Spanish Rice, Corn Tortillas & De La Olla Organic Black Beans	\$6.95	
<i>Tossed</i>	Build Your Own Quesadilla, Protein Choice, Spanish Rice, Beans	\$6.95	
<i>Market Grill</i>	Bassian Farms Grass-Fed Beef Burger, House Made Crispy Chicken Sandwich, Beyond Burger, Black Bean Burger	\$6.95	
<i>Take Away</i>	Bassian Farms Greek Grill Chicken Salad with Driscoll Fresh Strawberries/ Classic Chicken Caesar Salad	\$6.95	
FRIDAY February 13, 2026			 <p><b>HAPPY valentine's day!</b></p> <p>FEB. 13</p> <p>A Little Love on the Plate</p> <p>Celebrate Valentine's Day with sweet treats and chef-crafted specials.</p> <p>Chef's Mary Jo Salmeron Valentine's Special</p> <p>Heart Cookies (with Chef's Special)</p>
<i>Kitchen Table</i>	Newport Pezcadito Zarandiado (Shaken Fish), Steamed White Rice, Grilled Veggies, Lemon Wedges, Pico, Corn Tortilla	\$7.95	
<i>Live Well</i>	Camarones A La Diabla (Diablo Shrimp), Steamed White Rice, Fresh Cucumber Garden Salad, Tortilla Chips	\$7.95	
<i>Panini Press</i>	Vegan Marinated Tofu Panini, Sautee Mushrooms, Caramelized Onions, Spinach, Avocado on a Herbs Focaccia Bread, Fries	\$6.95	
<i>Tossed</i>	Couscous Salad, Cous Cous, Basil, Tomato, Red Onion, Arugula, Parm, Basil Vin	\$6.95	
<i>Market Grill</i>	Bassian Grass-Fed Beef Burger, House Made Crispy Chicken Sandwich, Beyond Burger, Black Bean Burger	\$6.95	
<i>Take Away</i>	Bassian Free-Range Grilled Chicken Caesar Salad, Southwest Grill Chicken & Bacon Salad, Caprese Salad	\$6.95	<b>DID YOU KNOW?</b>  Epicurean Offers Grass Fed Beef Antibiotic Free Poultry Cage Free Eggs Wild Seafood Dolphin Free Tuna Dressings from Scratch In-house Roasted Meats  Because we care about the environment and YOU!  