



MONDAY

January 12, 2026

Global Adventure	Lemon-Garlic And Kajico Farms Herbs Free Range Rotisserie Chicken, Jacobs Farm Shaved Bacon Brussel Sprouts, Dressing With Warm Honey Apple Cider, Cabot Buttered Cornbread	\$7.95
Live Well	Babe Farm Spinach & Orzo Stuffed Portobello, Jacobs Farm Shaved Bacon Brussel Sprouts, Dressing With Warm Apple Cider, Cabot Buttered Cornbread	\$7.95
Panini Press	House Garlic & Herbs Turkey Breast Panini Press Sandwich, Sundried Tomatoes Aioli, Creamy Swiss Cheese, Monterey Jack, Red Onions, Ratto Farms Spinach And Homemade Beer Battered Onion Rings	\$6.95
Tossed	Escarole Salad, Oranges, Roasted Salted Pistachios, Pickled Onions, And Tangy Honey Orange Vinaigrette	\$6.95
Market Grill	Grass-Fed Beef Burger, House Made Crispy Chicken Sandwich, Beyond Burger, Black Bean Burger	\$6.95
Take Away	Bassian Farms Greek Grill Chicken Salad with Driscoll Fresh Strawberries/ Classic Chicken Caesar Salad	\$6.95

Breakfast Hours: 7:00AM - 10:00AM

Lunch Hours: 11:00AM - 1:30PM

Snacks Hours: 7:00AM - 1:30PM

Your Chef Manager:

Carlos Aveldano | 510.932.0055 |
Carlos.Aveldano@epicurean-group.comFor Catering, please call:
David Alnajjar | 650.465.9128 Dave@epicurean-group.com

Alfredo Castaneda | 510.798.5561

Catertrax Link

<https://abbottnorth.catertrax.com>

TUESDAY

January 13, 2026

Global Adventure	Dwellys' Farms Free-Range General Tso's Chicken, Sweet And Savory Sauce Over Vegetable Fried Rice, Scallions, Peas, Carrots, Side Pork Egg Roll	\$6.95
Live Well	Faurot Farms General Tso's Tempura Mushrooms, Sweet And Savory Sauce Over Jacobs Farms Pineapple Fried Rice, Scallions, Peas, Carrots, Side Spring Roll	\$6.95
Plant Base	Boggiatto Farms Bang Bang Beef And Broccoli, Over Ratto Farms Vegetable Brown Fried Rice, Peas, Carrots, Scallions And Stir-Fried Ratto Farms Baby Bok Choy	\$7.95
Tossed	Kale And Parmesan Salad, Radishes, Pecan Halves, Avocado, Sweet Apple Cider Vinaigrette	\$6.95
Market Grill	Grass-Fed Beef Burger, House Made Crispy Chicken Sandwich, Beyond Burger, Black Bean Burger	\$6.95
Take Away	Southwest Chicken Salad/ Classic Chicken Caesar Salad/ Tuna Salad.	\$6.95

Today's Soup

Monday

Faurot Farms Roasted Butternut Squash Soup

Tuesday

Egg Drop Vegetables Soup

Wednesday

Bassian Farms Turkey Vegetable Noodle Soup

Thursday

Mendocino Farms Pork Pozole Soup with Fresh Cabbage, Onion, Cilantro & Limes

Friday

Classic Pier 39 San Francisco Clam Chowder

WEDNESDAY

January 14, 2026

Global Adventure	Free Range BBQ Quarter Chicken, Mac And Cheese, Broccoli Casserole, Cornbread	\$7.95
Live Well	Grass Fed Korean Beef Short Ribs, Babe Farms Slow Cooked Collard Greens, Bacon, Homemade Bake Cornbread	\$8.95
Plant Base	Live Well Sweet Potato Steak, Slow Cooked Ratto Farms Green Beans, House Baked Cornbread	\$6.95
Tossed	Garden Kale Salad, Pickled Cranberries & Crispy Quinoa, Granny Smith Apples, Roasted Pistachios, Manchego Cheese, Tangy Lemon-Honey Vinaigrette	\$6.95
Market Grill	Grass-Fed Beef Burger, House Made Crispy Chicken, Beyond Burger, Black Bean Burger	\$6.95
Take Away	Bassian Farms Greek Grill Chicken Salad with Driscoll Fresh Strawberries/ Classic Chicken Caesar Salad	\$6.95

THURSDAY

January 15, 2026

Platillos Latinos	Burrito Bowl with Choice of Michoacan Pork Carnitas, Bassian Farms Carne Asada or Chipotle Pollo Asado, De La Olla Black Beans & Mexican Rice	\$6.95
Platillos Latinos	Sopes Served with Choice of Michoacan Pork Carnitas, Carne Asada, or Pollo Asado Spanish Rice, De La Olla Refried Pinto Beans & Fresh Toppings	\$6.95
Live Well	Plant Based Chicken Fajitas with Bell Peppers, Onions, Roma Tomatoes, Over Spanish Rice, Corn Tortillas & De La Olla Organic Black Beans	\$6.95
Tossed	Build your own Farmscape Abbott Garden Salad with your choice of Greens and Fresh Veggies	\$6.95
Market Grill	Bassian Farms Grass-Fed Beef Burger, House Made Crispy Chicken Sandwich, Beyond Burger, Black Bean Burger	\$6.95
Take Away	Southwest Chicken Salad/ Classic Chicken Caesar Salad/ Tuna Salad.	\$6.95

FRIDAY

January 16, 2026

Kitchen Table	Tasty Salvadorian Pupusas - Choice Of Pork Chicharron With Cheese, Beans With Cheese, Or Garden Zucchini With Cheese, Homemade Classic Cabbage Cortado, Mild Tomato Sauce.	\$7.95
Live Well	Baja Fresh Line Caught Fish Tacos, House Slaw, Limes, Chipotle Garlic Aioli, Spanish Rice	\$7.95
Panini Press	Faurot Farms Grass Fed Peppercorn Beef Burger, Blue Cheese, Arugula, Crispy Onions, Blueberry Compote On Brioche Bun and Parmesan Garlic Fries.	\$7.95
Tossed	Bengard Cobb Salad, Romain Lettuce, Bassian Farms Grilled Chicken, Crispy Bacon, Gorgonzola Cheese, Hard Boil Eggs, Avocado, Red Wine Vinaigrette.	\$7.95
Market Grill	Bassian Grass-Fed Beef Burger, House Made Crispy Chicken Sandwich, Beyond Burger, Black Bean Burger	\$6.95
Take Away	Bassian Free-Range Grilled Chicken Caesar Salad, Southwest Grill Chicken & Bacon Salad, Caprese Salad	\$6.95



PROMOTIONS

Calorie Countdown

Light Bites for a Bright Start!

1/12 @ 2701

Kick off the new year with lighter-for-you choices that don't sacrifice flavor. Enjoy lighter entrees, smart wraps, and a complementary apple with any LiveWell meal to help you stay energized throughout the day.

Menu

Grilled Lemon-Garlic Herb Free Range Chicken with Bacon Brussels Sprouts

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Garden Herb Turkey Breast Panini with Sundried Tomato Aioli

Escarole Salad with Oranges, Pecan, Prosciutto, Pickled Onions & Tangy Honey Orange Vinaigrette

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