


MONDAY January 12, 2026			<b>Breakfast Hours: 7:00AM - 10:00AM</b> <b>Lunch Hours: 11:00AM - 1:30PM</b> <b>Snacks Hours: 7:00AM - 1:30PM</b> <b>Your Chef Manager:</b> Carlos Avelandano   510.932.0055   Carlos.Avelandano@epicurean-group.com <b>For Catering, please call:</b> David Alnajjar   650.465.9128 Dave@epicurean-group.com Alfredo Castaneda   510.798.5561 <b>Catertrax Link</b> <a href="https://abbottnorth.catertrax.com">https://abbottnorth.catertrax.com</a>
Global Adventure	Lemon-Garlic And Kajico Farms Herbs Free Range Rotisserie Chicken, Jacobs Farm Shaved Bacon Brussel Sprouts, Dressing With Warm Honey Apple Cider, Cabot Buttered Cornbread	\$7.95	
Live Well	Babe Farm Spinach & Orzo Stuffed Portobello, Jacobs Farm Shaved Bacon Brussel Sprouts, Dressing With Warm Honey Apple Cider, Cabot Buttered Cornbread	\$7.95	
Panini Press	House Garlic & Herbs Turkey Breast Panini Press Sandwich, Sundried Tomatoes Aioli, Creamy Swiss Cheese, Monterey Jack, Red Onions, Ratto Farms Spinach And Homemade Beer Battered Onion Rings	\$6.95	
Tossed	Escarole Salad, Oranges, Roasted Salted Pistachios, Pickled Onions, And Tangy Honey Orange Vinaigrette	\$6.95	
Market Grill	Grass-Fed Beef Burger, House Made Crispy Chicken Sandwich, Beyond Burger, Black Bean Burger	\$6.95	
Take Away	Bassian Farms Greek Grill Chicken Salad with Driscoll Fresh Strawberries/ Classic Chicken Caesar Salad	\$6.95	
TUESDAY January 13, 2026			Today's Soup
Global Adventure	Dwellys' Farms Free-Range General Tso's Chicken, Sweet And Savory Sauce Over Vegetable Fried Rice, Scallions, Peas, Carrots, Side Pork Egg Roll	\$6.95	<b>Monday</b> <b>Faurot Farms Roasted Butternut Squash Soup</b> <b>Tuesday</b> <b>Egg Drop Vegetables Soup</b> <b>Wednesday</b> <b>Bassian Farms Turkey Vegetable Noodle Soup</b> <b>Thursday</b> <b>Mendocino Farms Pork Pozole Soup with Fresh Cabbage, Onion, Cilantro &amp; Limes</b> <b>Friday</b> <b>Classic Pier 39 San Francisco Clam Chowder</b>
Live Well	Faurot Farms General Tso's Tempura Mushrooms, Sweet And Savory Sauce Over Jacobs Farms Pineapple Fried Rice, Scallions, Peas, Carrots, Side Spring Roll	\$6.95	
Plant Base	Boggiatto Farms Bang Bang Beef And Broccoli, Over Ratto Farms Vegetable Brown Fried Rice, Peas, Carrots, Scallions And Stir-Fried Ratto Farms Baby Bok Choy	\$7.95	
Tossed	Kale And Parmesan Salad, Radishes, Pecan Helves, Avocado, Sweet Apple Cider Vinaigrette	\$6.95	
Market Grill	Grass-Fed Beef Burger, House Made Crispy Chicken Sandwich, Beyond Burger, Black Bean Burger	\$6.95	
Take Away	Southwest Chicken Salad/ Classic Chicken Caesar Salad/ Tuna Salad.	\$6.95	
WEDNESDAY January 14, 2026			
Global Adventure	Free Range BBQ Quarter Chicken, Mac And Cheese, Broccoli Casserole, Cornbread	\$7.95	
Live Well	Grass Fed Korean Beef Short Ribs, Babe Farms Slow Cooked Collard Greens, Bacon, Homemade Bake Cornbread	\$8.95	
Plant Base	Live Well Sweet Potato Steak, Slow Cooked Ratto Farms Green Beans, House Baked Cornbread	\$6.95	
Tossed	Garden Kale Salad, Pickled Cranberries & Crispy Quinoa, Granny Smith Apples, Roasted Pistachios, Manchego Cheese, Tangy Lemon-Honey Vinaigrette	\$6.95	
Market Grill	Grass-Fed Beef Burger, House Made Crispy Chicken, Beyond Burger, Black Bean Burger	\$6.95	
Take Away	Bassian Farms Greek Grill Chicken Salad with Driscoll Fresh Strawberries/ Classic Chicken Caesar Salad	\$6.95	
THURSDAY January 15, 2026			PROMOTIONS
Platillos Latinos	Burrito Bowl with Choice of Michoacan Pork Carnitas, Bassian Farms Carne Asada or Chipotle Pollo Asado, De La Olla Black Beans & Mexican Rice	\$6.95	 <b>Calorie Countdown</b> Light Bites for a Bright Start! 1112 @ 2701 Kick off the new year with better-for-you choices that don't sacrifice flavor. Enjoy lighter entrees, smart swaps, and a complimentary apple with any Livedid meal to help you stay energized throughout the day. <b>Menu</b> Grilled Lemon-Garlic Herb Rotisserie Chicken with Bacon Brussel Sprouts Ranch & Dressing Portobello Mushroom Grilled Turkey Breast with Roasted Tomato And Escarole Salad with Oranges, Pistachios, Pickled Onions & Tangy Honey Orange Vinaigrette
Platillos Latinos	Sopes Served with Choice of Michoacan Pork Carnitas, Carne Asada, or Pollo Asado Spanish Rice, De La Olla Refried Pinto Beans & Fresh Toppings	\$6.95	
Live Well	Plant Based Chicken Fajitas with Bell Peppers, Onions, Roma Tomatoes, Over Spanish Rice, Corn Tortillas & De La Olla Organic Black Beans	\$6.95	
Tossed	Build your own Farmscape Abbott Garden Salad with your choice of Greens and Fresh Veggies	\$6.95	
Market Grill	Bassian Farms Grass-Fed Beef Burger, House Made Crispy Chicken Sandwich, Beyond Burger, Black Bean Burger	\$6.95	
Take Away	Southwest Chicken Salad/ Classic Chicken Caesar Salad/ Tuna Salad.	\$6.95	
FRIDAY January 16, 2026			<b>DID YOU KNOW?</b> <b>Epicurean Offers</b> Grass Fed Beef Antibiotic Free Poultry Cage Free Eggs Wild Seafood Dolphin Free Tuna Dressings from Scratch In-house Roasted Meats Because we care about the environment and YOU! 
Kitchen Table	Tasty Salvadorian Pupusas - Choice Of Pork Chicharron With Cheese, Beans With Cheese, Or Garden Zucchini With Cheese, Homemade Classic Cabbage Cortado, Mild Tomato Sauce.	\$7.95	
Live Well	Baja Fresh Line Caught Fish Tacos, House Slaw, Limes, Chipotle Garlic Aioli, Spanish Rice	\$7.95	
Panini Press	Faurot Farms Grass Fed Peppercorn Beef Burger, Blue Cheese, Arugula, Crispy Onions, Blueberry Compote On Brioche Bun and Parmesan Garlic Fries.	\$7.95	
Tossed	Bengard Cobb Salad, Romain Lettuce, Bassian Farms Grilled Chicken, Crispy Bacon, Gorgonzola Cheese, Hard Boil Eggs, Avocado, Red Wine Vinaigrette.	\$7.95	
Market Grill	Bassian Grass-Fed Beef Burger, House Made Crispy Chicken Sandwich, Beyond Burger, Black Bean Burger	\$6.95	
Take Away	Bassian Free-Range Grilled Chicken Caesar Salad, Southwest Grill Chicken & Bacon Salad, Caprese Salad	\$6.95	