

MONDAY January 12, 2026			Breakfast Hours: 7:00AM - 10:00AM Lunch Hours: 11:00AM - 1:30PM Snacks Hours: 7:00AM - 1:30PM Your Chef Manager: Carlos Avelano 510.932.0055 Carlos.Avelano@epicurean-group.com For Catering, please call: David Alnajjar 650.465.9128 Dave@epicurean-group.com Cesar Gomez 415.846.0059 Catertrax Link https://abbottnorth.catertrax.com
Global Adventure	Bassian Farms Grass Fed Roasted Beef, Gremmy Honey Roasted Roasted Carrots, Garlic Butter Mashed Potatoes	\$7.95	
Live Well	Free Range Honey Mustard Chicken, Garlic Roasted Potatoes, Honey Roasted Brussel Sprouts	\$7.95	
Panini Press	Panera Style BLT, Waffle Sweet Potatoes Fries	\$7.95	
Tossed	Free Range Chicken Cobb Salad, Bacon, Cherry Tomatoes, Avocado, Blue Cheese, Dijon Mustard Vinaigrette	\$7.95	
Market Grill	Grass-Fed Beef Burger, House Made Crispy Chicken Sandwich, Beyond Burger, Black Bean Burger	\$7.95	
Take Away	Bassian Farms Greek Grill Chicken Salad with Driscoll Fresh Strawberries/ Classic Chicken Caesar Salad	\$7.95	
TUESDAY January 13, 2026			Today's Soup
Global Adventure	Mendocino's Farms Pork Raised on Native Grass Pastures Japanese BBQ Ribs, Loaded Baked Potato on Side	\$7.95	Monday Creamy Broccoli Chowder Tuesday Tonjiru (Pork and Vegetable Miso Soup) Wednesday Curry lentils soup Thursday Mendocino Farms Home Made Pozole Friday SF Clam Chowder
Live Well	Free Range Chicken Katsu, Over Steamed Jasmine Rice, Poached Broccoli on Side	\$7.95	
Plant Base	Plant Base Chicken Katsu, Over Steamed Jasmine Rice, Poached Broccoli on Side	\$7.95	
Tossed	Japanese Kani Salad, Crab, Corn Kernels, and Cucumbers, Creamy Citrus-Soy Dressing	\$7.95	
Market Grill	Grass-Fed Beef Burger, House Made Crispy Chicken Sandwich, Beyond Burger, Black Bean Burger	\$7.95	
Take Away	Southwest Chicken Salad/ Classic Chicken Caesar Salad/ Tuna Salad	\$7.95	
WEDNESDAY January 14, 2026			
Kitchen Table	Bassian Farms Moroccan Lamb Tagine Over Steamed Jasmine Rice, Roasted Vegetables and Naan Bread	\$7.95	
Live Well	Mumbai Spiced Butter Chicken Over Steamed Jasmine Rice, Roasted Vegetables and Naan Bread	\$7.95	
Plant Base	Bangalore Butter Paneer Over Steamed Jasmine Rice, Roasted Vegetables and Naan Bread	\$7.95	
Tossed	Kachumber Salad, English Cucumber, Tomatoes, Red Onions, Green Chili, Cilantro, Mint, Lime Juice	\$7.95	
Market Grill	Grass-Fed Beef Burger, House Made Crispy Chicken, Beyond Burger, Black Bean Burger	\$7.95	
Take Away	Bassian Farms Greek Grill Chicken Salad with Driscoll Fresh Strawberries/ Classic Chicken Caesar Salad	\$7.95	
THURSDAY January 15, 2026			PROMOTIONS
Platillos Latinos	Burrito Bowl with Choice of Michoacan Pork Carnitas, Bassian Farms Carne Asada or Chipotle Pollo Asado, De La Olla Black Beans, Refried Pinto Beans & Mexican Rice	\$7.95	
Platillos Latinos	Bassian Farms Grass Fed Ranchero Steak, Refried Pinto Beans, Spanish Rice, Corn Tortillas on Side	\$7.95	
Live Well	Plant Base Chilles Rellos, De la Oya Black Beans, Spanish Rice, Toppings, Sour Cream & Pico	\$7.95	
Tossed	Build your own Farmscape Abbott Garden Salad with your choice of Greens and Fresh Veggies	\$7.95	
Market Grill	Grass-Fed Beef Burger, House Made Crispy Chicken Sandwich, Beyond Burger, Black Bean Burger	\$7.95	
Take Away	Southwest Chicken Salad/ Classic Chicken Caesar Salad/ Tuna Salad	\$7.95	
FRIDAY January 16, 2026			DID YOU KNOW? Epicurean Offers Grass Fed Beef Antibiotic Free Poultry Cage Free Eggs Wild Seafood Dolphin Free Tuna Dressings from Scratch In-house Roasted Meats <i>Because we care about the environment and YOU!</i> 
Kitchen Table	Newport Baked Glazed Alaska salmon, Sweet Potato Hash, Steamed Broccoli	\$7.95	
Live Well	Newport Agua Chile Tostadas, Shrimp, Avocado, Mayonnaise, Eel Sauce	\$7.95	
Panini Press	Newport Shimp Po Boy Sandwich, Remoulade Sauce , Lettuce, Tomatoes, Fresh Fries on Side	\$7.95	
Tossed	Build your own Farmscape Abbott Garden Salad with your choice of Greens and Fresh Veggies	\$7.95	
Market Grill	Bassian Grass-Fed Beef Burger, House Made Crispy Chicken Sandwich, Beyond Burger, Black Bean Burger	\$7.95	
Take Away	Bassian Free-Range Grilled Chicken Caesar Salad, Southwest Grill Chicken & Bacon Salad, Caprese Salad	\$6.95	