



MONDAY		January 12, 2026	
Global Adventure	Bassian Farms Grass Fed Roasted Beef, Gremmy Honey Roasted Roasted Carrots, Garlic Butter Mashed Potatoes	\$7.95	Breakfast Hours: 7:00AM - 10:00AM Lunch Hours: 11:00AM - 1:30PM Snacks Hours: 7:00AM - 1:30PM Your Chef Manager: Carlos Aveldano 510.932.0055 Carlos.Aveldano@epicurean-group.com
Live Well	Free Range Honey Mustard Chicken, Garlic Roasted Potatoes, Honey Roasted Brussel Sprouts	\$7.95	
Panini Press	Panera Style BLT, Waffle Sweet Potatoes Fries	\$7.95	
Tossed	Free Range Chicken Cobb Salad, Bacon, Cherry Tomatoes, Avocado, Blue Cheese, Dijon Mustard Vinaigrette	\$7.95	
Market Grill	Grass-Fed Beef Burger, House Made Crispy Chicken Sandwich, Beyond Burger, Black Bean Burger	\$7.95	
Take Away	Bassian Farms Greek Grill Chicken Salad with Driscoll Fresh Strawberries/ Classic Chicken Caesar Salad	\$7.95	
TUESDAY		January 13, 2026	Today's Soup
Global Adventure	Mendocino's Farms Pork Raised on Native Grass Pastures Japanese BBQ Ribs, Loaded Baked Potato on Side	\$7.95	<u>Monday</u>
Live Well	Free Range Chicken Katsu, Over Steamed Jasmine Rice, Poached Broccoli on Side	\$7.95	<i>Creamy Broccoli Chowder</i>
Plant Base	Plant Base Chicken Katsu, Over Steamed Jasmine Rice, Poached Broccoli on Side	\$7.95	<u>Tuesday</u>
Tossed	Japanese Kani Salad, Crab, Corn Kernels, and Cucumbers, Creamy Citrus-Soy Dressing	\$7.95	<i>Tonjiru (Pork and Vegetable Miso Soup)</i>
Market Grill	Grass-Fed Beef Burger, House Made Crispy Chicken Sandwich, Beyond Burger, Black Bean Burger	\$7.95	<u>Wednesday</u>
Take Away	Southwest Chicken Salad/ Classic Chicken Caesar Salad/ Tuna Salad	\$7.95	<i>Curry lentils soup</i>
WEDNESDAY		January 14, 2026	<i>Mendocino Farms Home Made Pozole</i>
Kitchen Table	Bassian Farms Moroccan Lamb Tagine Over Steamed Jasmine Rice, Roasted Vegetables and Naan Bread	\$7.95	<u>Friday</u>
Live Well	Mumbai Spiced Butter Chicken Over Steamed Jasmine Rice, Roasted Vegetables and Naan Bread	\$7.95	<i>SF Clam Chowder</i>
Plant Base	Bangalore Butter Paneer Over Steamed Jasmine Rice, Roasted Vegetables and Naan Bread	\$7.95	
Tossed	Kachumber Salad, English Cucumber, Tomatoes, Red Onions, Green Chili, Cilantro, Mint, Lime Juice	\$7.95	
Market Grill	Grass-Fed Beef Burger, House Made Crispy Chicken, Beyond Burger, Black Bean Burger	\$7.95	
Take Away	Bassian Farms Greek Grill Chicken Salad with Driscoll Fresh Strawberries/ Classic Chicken Caesar Salad	\$7.95	
THURSDAY		January 15, 2026	PROMOTIONS
Platillos Latinos	Burrito Bowl with Choice of Michoacan Pork Carnitas, Bassian Farms Carne Asada or Chipotle Pollo Asado, De La Olla Black Beans, Refried Pinto Beans & Mexican Rice	\$7.95	
Platillos Latinos	Bassian Farms Grass Fed Ranchero Steak, Refried Pinto Beans, Spanish Rice, Corn Tortillas on Side	\$7.95	
Live Well	Plant Base Chilles Rellos, De la Oya Black Beans, Spanish Rice, Toppings, Sour Cream & Pico	\$7.95	
Tossed	Build your own Farmscape Abbott Garden Salad with your choice of Greens and Fresh Veggies	\$7.95	
Market Grill	Grass-Fed Beef Burger, House Made Crispy Chicken Sandwich, Beyond Burger, Black Bean Burger	\$7.95	
Take Away	Southwest Chicken Salad/ Classic Chicken Caesar Salad/ Tuna Salad	\$7.95	
FRIDAY		January 16, 2026	DID YOU KNOW?
Kitchen Table	Newport Baked Glazed Alaska salmon, Sweet Potato Hash, Steamed Broccoli	\$7.95	Epicurean Offers: Grass Fed Beef Antibiotic Free Poultry Cage Free Eggs Wild Seafood Dolphin Free Tuna Dressings from Scratch In-house Roasted Meats
Live Well	Newport Agua Chile Tostadas, Shrimp, Avocado, Mayonnaise, Eel Sauce	\$7.95	
Panini Press	Newport Shrimp Po Boy Sandwich, Remoulade Sauce, Lettuce, Tomatoes, French Fries on Side	\$7.95	
Tossed	Build your own Farmscape Abbott Garden Salad with your choice of Greens and Fresh Veggies	\$7.95	
Market Grill	Bassian Grass-Fed Beef Burger, House Made Crispy Chicken Sandwich, Beyond Burger, Black Bean Burger	\$7.95	
Take Away	Bassian Free-Range Grilled Chicken Caesar Salad, Southwest Grill Chicken & Bacon Salad, Caprese Salad	\$6.95	Because we care about the environment and YOU!