

MONDAY December 1, 2025			Breakfast Hours: 7:00AM - 10:00AM Lunch Hours: 11:00AM - 1:30PM Snacks Hours: 7:00AM - 1:30PM Your Chef Manager: Carlos Avelano 510.932.0055 Carlos.Avelano@epicurean-group.com For Catering, please call: David Alnajjar 650.465.9128 Dave@epicurean-group.com Cesar Gomez 415.846.0059 Catertrax Link https://abbottnorth.catertrax.com
<i>Global Adventure</i>	Bassian Farms Grass Fed Beef Meatloaf, Garlic Mashed Potatoes, Kale Salad with Apples & Toasted Almonds	\$6.95	
<i>Live Well</i>	Newport Japanese Mentaiko Spaghetti, Grilled Cod, Garlic Bread	\$6.95	
<i>Plant Base</i>	Plant Base Beef Meatloaf, Garlic Mashed Potatoes, Kale Salad with Apples & Toasted Almonds	\$6.95	
<i>Panini Press</i>	Free Range Chicken Salad, Avocado & Cheddar Panini, Fries	\$6.95	
<i>Market Grill</i>	Grass-Fed Beef Burger, House Made Crispy Chicken Sandwich, Beyond Burger, Black Bean Burger	\$6.95	
<i>Take Away</i>	Southwest Chicken Salad/ Classic Chicken Caesar Salad/ Tuna Salad.	\$6.95	
TUESDAY December 2, 2025			Today's Soup
<i>Global Adventure</i>	Bassian Farms Korean Style Glazed Short Ribs, Steamed White Rice, Cucumber Salad, Kimchi	\$7.95	Monday Ratto Farms Creamy Butternut Squash Soup Tuesday Bassian Farms White Bean & Smoked Sausage Skillet Soup Wednesday Mediterranean Lentil Soup Thursday Mendocino Farms Red Chicken Pozole Friday Classic Pier 39 San Francisco Clam Chowder
<i>Live Well</i>	Free Range Hot Honey Chicken & Brussels Sprouts, Mushroom Risotto	\$7.95	
<i>Plant Base</i>	Nori-nu Hot Honey Tofu & Brussels Sprouts, Mushroom Risotto	\$5.95	
<i>Tossed</i>	Ratto Farms Winter Rainbow Panzanella Salad, Red Beet, Acorn Squash, Pomegranate, Grapefruit, Scallions, Blue Cheese	\$6.95	
<i>Market Grill</i>	Grass-Fed Beef Burger, House Made Crispy Chicken Sandwich, Beyond Burger, Black Bean Burger	\$6.95	
<i>Take Away</i>	Southwest Chicken Salad/ Classic Chicken Caesar Salad/ Tuna Salad.	\$6.95	
WEDNESDAY December 3, 2025			
<i>Kitchen Table</i>	Bassian Farms Moroccan Lamb Tagine Over Steamed Jasmine Rice, Roasted Vegetables and Naan Bread	\$6.95	
<i>Live Well</i>	Mumbai Spiced Butter Chicken Over Steamed Jasmine Rice, Roasted Vegetables and Naan Bread	\$6.95	
<i>Plant Base</i>	Bangalore Butter Tofu Over Steamed Jasmine Rice, Roasted Vegetables and Naan Bread	\$6.95	
<i>Tossed</i>	Chaat Masala Salad, Crunchy Fresh Ratto Radishes, Red Bell Peppers, Cucumber, Zesty Tomatoes, Fresh Chopped Cilantro, Fried Mahout Paneer Cheese & House Made Spicy Masala Vinaigrette	\$6.95	
<i>Market Grill</i>	Grass-Fed Beef Burger, House Made Crispy Chicken, Beyond Burger, Black Bean Burger	\$6.95	
<i>Take Away</i>	Bassian Farms Greek Grill Chicken Salad with Driscoll Fresh Strawberries/ Classic Chicken Caesar Salad	\$6.95	
THURSDAY December 4, 2025			PROMOTIONS
<i>Platillos Latinos</i>	Burrito Bowl with Choice of Michoacan Pork Carnitas, Bassian Farms Carne Asada or Chipotle Pollo Asado, De La Olla Black Beans, Refried Pinto Beans & Mexican Rice	\$6.95	
<i>Platillos Latinos</i>	Free Range Chicken Tacos Dorados, Lettuce, Tomatoes, Tomato Sauce, Queso Fresco	\$6.95	
<i>Live Well</i>	Free Range chicken Tinga, De La Hoya Beans, Spanish Rice, Corn Tortilla	\$5.95	
<i>Tossed</i>	Build your own Farmscape Abbott Garden Salad with your choice of Greens and Fresh Veggies	\$6.95	
<i>Market Grill</i>	Grass-Fed Beef Burger, House Made Crispy Chicken Sandwich, Beyond Burger, Black Bean Burger	\$6.95	
<i>Take Away</i>	Southwest Chicken Salad/ Classic Chicken Caesar Salad/ Tuna Salad.	\$6.95	 WAFFLE WONDERLAND Wednesday, December 17th @ 1360 Cafe Sweet City Made-to-Order: Warm up this winter with a Dutch Your Own Waffle Bar featuring golden waffles, seasonal toppings, and plenty of chocolate, cream, nuts, and toppings just the way you like it. Topping Bar includes: Fresh berries • Maple syrup • Whipped cream • Toasted nuts • Chocolate drizzle • Powdered sugar Add some sparkle to your morning — one waffle at a time!
FRIDAY December 5, 2025			
<i>Kitchen Table</i>	Newport Baja Shrimp Ceviche Tostadas, Cucumber, onions, Tomatoes, Avocado	\$7.95	
<i>Live Well</i>	Newport Cod Fish & Chips, Tartar Sauce	\$7.95	
<i>Panini Press</i>	Newport Salmon Burgers, Caramelized Onions, Tomatoes, French Fries	\$7.95	
<i>Tossed</i>	Build your own Farmscape Abbott Garden Salad with your choice of Greens and Fresh Veggies	\$6.95	
<i>Market Grill</i>	Bassian Grass-Fed Beef Burger, House Made Crispy Chicken Sandwich, Beyond Burger, Black Bean Burger	\$6.95	
<i>Take Away</i>	Bassian Free-Range Grilled Chicken Caesar Salad, Southwest Grill Chicken & Bacon Salad, Caprese Salad	\$6.95	
			DID YOU KNOW? Epicurean Offers Grass Fed Beef Antibiotic Free Poultry Cage Free Eggs Wild Seafood Dolphin Free Tuna Dressings from Scratch In-house Roasted Meats <i>Because we care about the environment and YOU!</i> 