

MONDAY September 29, 2025			<b>Breakfast Hours: 7:00AM - 10:00AM</b> <b>Lunch Hours: 11:00AM - 1:30PM</b> <b>Snacks Hours: 7:00AM - 1:30PM</b> <b>Your Chef Manager:</b>  Carlos Aveladano   510.932.0055   Carlos.Aveladano@epicurean-group.com  <b>For Catering, please call:</b> David Alnajjar   650.465.9128 Dave@epicurean-group.com Cesar Gomez   415.846.0059 <b>Catertrax Link</b> <a href="https://abbottnorth.catertrax.com">https://abbottnorth.catertrax.com</a>
<i>Global Adventure</i>	1360 Burger Bar Build Your Own Burge, Choice of Protein & Toppings, Choice of Fries	\$7.95	
<i>Live Well</i>	Bassian Farms Sandwich Bar, Choice of Meat, Bread, Toppings, & Spread, Choice of Chips	\$7.95	
<i>Plant Base</i>	Morning Star Farms Veggie Burger, Choice of Black Bean Burger, or Plant Base Chicken, Choice of Fries	\$7.95	
<i>Panini Press</i>	Bassian Farms Steak Chile Relleno Sandwich, Arugula, Pepper Jack Cheese, Pesto Spread, Tomato, Crispy Onions, Onion Rings	\$7.95	
<i>Market Grill</i>	Grass-Fed Beef Burger, House Made Crispy Chicken Sandwich, Beyond Burger, Black Bean Burger	\$7.95	
<i>Take Away</i>	Southwest Chicken Salad/ Classic Chicken Caesar Salad/ Tuna Salad.	\$6.95	
TUESDAY September 30, 2025			Today's Soup
<i>Global Adventure</i>	Free Range Orange Chicken, Steamed White Rice, Steamed Broccoli, Egg Roll	\$7.95	<u>Monday</u>
<i>Live Well</i>	Bassian Farms Beef & Broccoli Stir- Fried, Shrimp Fried Rice, Egg Roll	\$7.95	<b>Ratto Farms Creamy Broccoli Chowder</b>
<i>Plant Base</i>	Plant Base Beef & Broccoli Stir- Fried, Steamed White rice, Egg roll	\$7.95	<u>Tuesday</u>
<i>Tossed</i>	Newport Copycat P.F. Chang's Crispy Honey Shrimp Salad, Arugula, Cherry Tomatoes, Peaches, Goat Cheese, Pecans, Cucumber, Basil, Dijon Balsamic Vinaigrette	\$7.95	<b>Egg Drop Soup</b>
<i>Market Grill</i>	Grass-Fed Beef Burger, House Made Crispy Chicken Sandwich, Beyond Burger, Black Bean Burger	\$7.95	<u>Wednesday</u>
<i>Take Away</i>	Southwest Chicken Salad/ Classic Chicken Caesar Salad/ Tuna Salad.	\$6.95	<b>Mediterranean Vegetables Soup</b>
<b>WEDNESDAY</b>	<b>October 1, 2025</b>		<u>Thursday</u>
<i>Kitchen Table</i>	Bassian Farms Moroccan Lamb Tagine Over Steamed Jasmine Rice, Roasted Vegetables and Naan Bread	\$7.95	<b>Mendocino Farms Home Made Pozole</b>
<i>Live Well</i>	Mumbai Spiced Butter Chicken Over Steamed Jasmine Rice, Roasted Vegetables and Naan Bread	\$7.95	<u>Friday</u>
<i>Plant Base</i>	Bangalore Butter Paneer Over Steamed Jasmine Rice, Roasted Vegetables and Naan Bread	\$7.95	<b>Newport Classic Clam Chowder</b>
<i>Panini Press</i>	Ratto farms Garden Chickpea Spred Wrap, Naan Bread, Carrots, Zucchini, Feta Cheese, Pumpkin Seeds, Arugula, Zesty Garlic Dill Aioli	\$7.95	
<i>Market Grill</i>	Grass-Fed Beef Burger, House Made Crispy Chicken, Beyond Burger, Black Bean Burger	\$7.95	
<i>Take Away</i>	Bassian Farms Greek Grill Chicken Salad with Driscoll Fresh Strawberries/ Classic Chicken Caesar Salad	\$6.95	
THURSDAY October 2, 2025			PROMOTIONS
<i>Platillos Latinos</i>	Burrito Bowl with Choice of Michoacan Pork Carnitas, Bassian Farms Carne Asada or Chipotle Pollo Asado, De La Olla Black Beans, Refried Pinto Beans & Mexican Rice	\$7.95	
<i>Platillos Latinos</i>	Burrito Bowl with Choice of Michoacan Pork Carnitas, Bassian Farms Carne Asada or Chipotle Pollo Asado, De La Olla Black Beans, Refried Pinto Beans & Mexican Rice	\$7.95	
<i>Plant Inspired</i>	Burrito Bowl with Choice of Michoacan Pork Carnitas, Bassian Farms Carne Asada or Chipotle Pollo Asado, De La Olla Black Beans, Refried Pinto Beans & Mexican Rice	\$7.95	
<i>Tossed</i>	Build your own Farmscape Abbott Garden Salad with your choice of Greens and Fresh Veggies	\$7.95	
<i>Market Grill</i>	Grass-Fed Beef Burger, House Made Crispy Chicken Sandwich, Beyond Burger, Black Bean Burger	\$7.95	
<i>Take Away</i>	Southwest Chicken Salad/ Classic Chicken Caesar Salad/ Tuna Salad.	\$6.95	
FRIDAY October 3, 2025			
<i>Kitchen Table</i>	Newport Honey Glazed Salmon With Tomatoes, Sautee Spinach, Garlic & Lime Green Beans, Roasted Potatoes	\$7.95	
<i>Live Well</i>	Honey Glazed Tofu With Tomatoes, Sautee Spinach, Garlic & Lime Green Beans, Roasted Potatoes	\$7.95	
<i>Panini Press</i>	Newport Salmon Burgers, Caramelized Onions, Tomatoes, French Fries	\$7.95	
<i>Tossed</i>	Free Range Grilled Chicken & Bosc Pear Salad, Bacon, Oven roasted Squash, Bosc Pear, Kale, Gorgonzola Cheese, Apple Cider Vinaigrette	\$7.95	
<i>Market Grill</i>	Bassian Grass-Fed Beef Burger, House Made Crispy Chicken Sandwich, Beyond Burger, Black Bean Burger	\$7.95	
<i>Take Away</i>	Bassian Free-Range Grilled Chicken Caesar Salad, Southwest Grill Chicken & Bacon Salad, Caprese Salad	\$6.95	<b>DID YOU KNOW?</b> <b>Epicurean Offers</b> Grass Fed Beef Antibiotic Free Poultry Cage Free Eggs Wild Seafood Dolphin Free Tuna Dressings from Scratch In-house Roasted Meats  <i>Because we care about the environment and YOU!</i> 