

MONDAY		August 11, 2025			
Global Adventure	Wok-Tossed Free-Range Sweet & Sour Chicken , Bell Peppers, Broccoli, Carrots, Snap Peas, Mushrooms, Onions, Steamed Jasmine Rice	\$7.95	Breakfast Hours: 7:00AM - 10:00AM Lunch Hours: 11:00AM - 1:30PM Snacks Hours: 7:00AM - 1:30PM Your Chef Manager: Carlos Aveladano 510.932.0055 Carlos.Aveladano@epicurean-group.com For Catering, please call: David Alnajjar 650.465.9128 Dave@epicurean-group.com Cesar Gomez 415.846.0059 Catertrax Link https://abbottnorth.catertrax.com		
Live Well	Wok-Tossed Sweet & Sour Tofu, Bell Peppers, Broccoli, Carrots, Snap Peas, Mushrooms, Onions, Steamed Jasmine Rice	\$7.95			
Plant Inspired	Organic Portobello Buddha Bowl, Fluffy Brown Rice Topped With Crispy Aromatic Chickpea, Avocado, Roasted Sweet Potatoes, Baby Spinach, Tomatoes & Sweet & Spicy Cilantro Lime Dressing	\$7.95			
Tossed	Asian Salad with Sesame Ginger Dressing Topped with Honey-Roasted Peanuts, Mandarins, Red Cabbage, Wonton Strips	\$7.95			
Market Grill	Grass-Fed Beef Burger, House Made Crispy Chicken Sandwich, Beyond Burger, Black Bean Burger	\$7.95			
Take Away	Bassian Farms Greek Grill Chicken Salad with Driscoll Fresh Strawberries/ Classic Chicken Caesar Salad	\$7.95			
TUESDAY		August 12, 2025		Today's Soup	
Global Adventure	Bassian Farms Apple Walnut Stuffed Pork Roast, Honey Roasted Carrots, Sweet Potato Mash	\$7.95	Monday Bassian Farms Pork Wonton Soup over Udon Noodle Tuesday Free-Range Chicken Tortilla Soup Wednesday Boggiato Creamy Carrot Ginger Soup Thursday Mendocino Farms Pork Pozole Soup with Fresh Cabbage, Onion, Cilantro & Limes Friday Classic Pier 39 San Francisco Clam Chowder		
Live Well	Bassian Farms Grass Fed Roasted Beef & Mushroom Gravy, Honey Roasted Brussel Sprouts, Sweet Potato Mash	\$7.95			
Panini Press	Grass Fed Beef Sliders with House Aioli and Crispy Fries	\$7.95			
Tossed	Grilled Chicken & Roasted Beet Salad, Avocado, Sugar Coated Pecans, Mont chèvre Goat Cheese & Creamy Balsamic Vinaigrette	\$7.95			
Market Grill	Grass-Fed Beef Burger, House Made Crispy Chicken Sandwich, Beyond Burger, Black Bean Burger	\$7.95			
Take Away	Bassian Farms Greek Grill Chicken Salad with Driscoll Fresh Strawberries/ Classic Chicken Caesar Salad	\$7.95			
WEDNESDAY		August 13, 2025			
Global Adventure	One-Pan Greek Chicken Drumsticks, Orzo Pasta, Feta Cheese, Cherry Tomato, Side of Greek Salad, Feta Dip & Pita Chips	\$7.95	PROMOTIONS   DID YOU KNOW? Epicurean Offers Grass Fed Beef Antibiotic Free Poultry Cage Free Eggs Wild Seafood Dolphin Free Tuna Dressings from Scratch In-house Roasted Meats Because we care about the environment and YOU! 		
Live Well	Jacobs Farms Stuffed Greek Peppers, Couscous, Zucchini, Tomatoes, Olives, Feta Cheese, Greek Salad on Side, Feta Dip & Pita chips	\$7.95			
Plant Inspired	Jacobs Farms Stuffed Greek Plant Base Beef Peppers, Couscous, Zucchini, Tomatoes, Olives, Feta Cheese, Greek Salad on Side, Feta Dip & Pita chips	\$7.95			
Panini Press	Free-Range Chicken, Spinach, Caramelized onions & Goat cheese Panini	\$1.00			
Market Grill	Grass-Fed Beef Burger, House Made Crispy Chicken, Beyond Burger, Black Bean Burger	\$7.95			
Take Away	Bassian Farms Greek Grill Chicken Salad with Driscoll Fresh Strawberries/ Classic Chicken Caesar Salad	\$7.95			
THURSDAY		August 14, 2025			
Platillos Latinos	Burrito Bowl with Choice of Michoacan Pork Carnitas, Bassian Farms Carne Asada or Chipotle Pollo Asado, De La Olla Black Beans, Refried Pinto Beans & Mexican Rice	\$7.95	  DID YOU KNOW? Epicurean Offers Grass Fed Beef Antibiotic Free Poultry Cage Free Eggs Wild Seafood Dolphin Free Tuna Dressings from Scratch In-house Roasted Meats Because we care about the environment and YOU! 		
Platillos Latinos	Free Range Chicken Tinga Over Spanish Rice, Corn Tortillas & De La Olla Organic Black Beans	\$7.95			
Live Well	Plant Based Chicken Tinga Over Spanish Rice, Corn Tortillas & De La Olla Organic Black Beans	\$7.95			
Tossed	Build your own Farmscape Abbott Garden Salad with your choice of Greens and Fresh Veggies	\$7.95			
Market Grill	Bassian Farms Grass-Fed Beef Burger, House Made Crispy Chicken Sandwich, Beyond Burger, Black Bean Burger	\$7.95			
Take Away	Bassian Farms Greek Grill Chicken Salad with Driscoll Fresh Strawberries/ Classic Chicken Caesar Salad	\$7.95			
FRIDAY		August 15, 2025			
Kitchen Table	Crispy Pan-Fried Red Tilapia, Classic Rice Pilaf, Poached Cauliflower & Broccoli	\$7.95	  DID YOU KNOW? Epicurean Offers Grass Fed Beef Antibiotic Free Poultry Cage Free Eggs Wild Seafood Dolphin Free Tuna Dressings from Scratch In-house Roasted Meats Because we care about the environment and YOU! 		
Live Well	Crispy Eggplant Parmesan, Marinara Sauce, Classic Rice Pilaf, Poached Cauliflower & Broccoli	\$7.95			
Panini Press	Newport Surf & Turf Quesadilla, Pico, Sour Cream, Spicy Salsa, Side of Chips	\$7.95			
Tossed	Mello's 21st Century Farms Blackberry-Peach Salad, Pecans, Cucumber, Tomatoes, Olives, Basil, Mint, Feta Cheese, Drizzled With Extra Virgin Olive Oil	\$7.95			
Market Grill	Bassian Grass-Fed Beef Burger, House Made Crispy Chicken Sandwich, Beyond Burger, Black Bean Burger	\$7.95			
Take Away	Bassian Free-Range Grilled Chicken Caesar Salad, Southwest Grill Chicken & Bacon Salad, Caprese Salad	\$7.95			